



The Goldilocks Rule or How to Choose the "Just Right" Book!

Do you remember the story about Goldilocks and the Three Bears? Goldilocks wanted to find the "just right" porridge, chair and bed. Sometimes, when you are trying to find a book, it seems like you just cannot find the "just right" one for you. Here is a simple recipe for finding the perfect book!

Too Easy Books	Just Right Books	Too Hard Books
1. Have you read this book many times before?	1. Is this book new to you? Can you understand it without much effort?	1. Are there more than a few words on the page that you don't recognize or know the meaning?
2. Do you know and understand <i>almost</i> every word?	2. Are there a few words on the page that you don't recognize or know the meaning?	2. When you read, are you struggling and does it sound "choppy?"
3. Can you read it smoothly and fluently, without much practice or effort?	3. Can someone help you if you don't know a word?	3. Is everyone busy? Do you not have anyone around who can help you with a hard word?

The Five Finger Test

1. Look at the cover of the book. **0 - 1 fingers TOO EASY**
2. Read the title and the author. **2 - 3 fingers JUST RIGHT**
3. Read the 'blurb' in the back. **4 - 5 fingers TOO HARD**
4. Flip through the book.
5. Read the first page.
6. Use the **5 finger rule**